A Proactive Approach to International Student Success

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UC SANTA BARBARA
Office of International Students & Scholars
INTERNATIONAL STUDENTS
- National Numbers
- UCSB Numbers

INTERNATIONAL SCHOLARS
- National Numbers
- UCSB Numbers

INTERNATIONAL SPOTLIGHTS
- Emotional First Aid
- Proactive Approaches
- Academic Success
International Students Attending US Universities 2017-2018

891,330
Top 3 US States Hosting International Students 2017-2018

- Large capacity and diverse higher education systems attract international students to CA, NY, TX
- Asians have driven national growth for the 9th year since 2009/10

CA: 161,942
NY: 121,260
TX: 84,348
ANTICIPATED TOTAL NUMBER OF INTERNATIONAL STUDENTS FALL 2019

4,962

92 Countries
### 2019 Incoming Class at UCSB

#### Total: 1696

<table>
<thead>
<tr>
<th>Class</th>
<th>2018</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Freshmen</td>
<td>721</td>
<td>1010</td>
</tr>
<tr>
<td>Transfer</td>
<td>454</td>
<td>205</td>
</tr>
<tr>
<td>Master</td>
<td>59</td>
<td>59</td>
</tr>
<tr>
<td>Doctorate</td>
<td>146</td>
<td>157</td>
</tr>
<tr>
<td>EAP</td>
<td>236</td>
<td>265</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>1616</td>
<td>1696</td>
</tr>
</tbody>
</table>

- A significant increase of Freshmen students
- A significant decrease of Transfers students
- An increase of Graduate students
- An increase of Education Abroad students
2016-2019 Incoming Classes at UCSB

- Freshmen:
  - 2016: 557
  - 2017: 545
  - 2018: 721
  - 2019: 1010

- Transfer:
  - 2016: 240
  - 2017: 301
  - 2018: 454

- Master:
  - 2016: 61
  - 2017: 87
  - 2018: 59
  - 2019: 59

- Doctorate:
  - 2016: 130
  - 2017: 160
  - 2018: 146
  - 2019: 157

- EAP:
  - 2016: 203
  - 2017: 210
  - 2018: 236
  - 2019: 265

Overall:
- Freshmen: 40%
- Transfer: 55%
Anticipated Top Countries Represented at UCSB 2019

UNDERGRADUATES

China 3201
Taiwan 79
South Korea 71
Japan 60
Hong Kong 59

GRADUATES

China 397
India 171
South Korea 46
Iran 44
Taiwan 40
UCSB Student Body Break-down 2019-2020

International 18%

US 82%
WHO IS CONSIDERED A SCHOLAR??

International faculty, clinicians, researchers and post-doctoral fellows engaged in temporary academic or/and research activities who are hosted at US colleges or universities.
INTERNATIONAL SCHOLARS HOSTED AT US UNIVERSITIES 2017-2018

135,009

60.3% Male  39.7% Female

➢ Over 100,000 Are Engaged In STEM
➢ The Primary Function is Research
Scholars in the U.S 2017-2018

Top 4 Places of Origin

- China 46,256
- India 12,652
- S. Korea 7,265
- Germany 5,071

Top 4 Hosting Institutions

- Harvard 5,266
- Stanford 3,687
- UCLA 3,534
- Columbia 3,243
INTERNATIONAL SCHOLARS HOSTED AT UCSB 2017-2018

718

91% in STEM fields
China & India Largest Numbers
National Politics Buzzwords 2019

- Unlawful Presence
  - Public Charge
  - H1B Application Scrutiny
  - Secondary Inspections
    - Administrative Processing Visa Delays
  - F-1 OPT Employment Enforcement

- Port of Entry Inspections of Electronic Devices
- 3-10 Year Bans
  - Increased Visa Denials
  - Port of Entry Denials
  - Port of Departure Denials

UC SANTA BARBARA
Office of International Students & Scholars
Mental Health: A Global Crisis

National Trends of Proactive Approaches
OISS Proactive Approaches

- Collaboration and Training with Counseling and Psychological Services (CAPS) on student wellness and self-care
- Encourage international students to consider self-care plans
- Proactive messaging and advising on immigration policy changes to prepare students for any abrupt changes and the anxiety that it may cause.
- Social programming and workshops tailored to international students and scholar needs
National Trends For Addressing Mental Health

- Holistic Approach: Physical and Emotional
- Destigmatize Mental Health
- Emotional First Aid vs Physical First Aid
- Establish Protocols
- Faculty and staff training on Emotional First Aid
Spotlights
Education 201: Academic Success for International Students

- Academic Writing for International Students
- Making the best of Campus Life
- Academic Integrity
- Understanding US Higher Education Systems
Programming

- International Student Advisory Board
- Global Ambassadors Program
- Presidential Work Study for International Students
- Cultural Programming for the entire UCSB community
- Employment Information Sessions for students and departments
- Customized Information Sessions for Faculty and Staff
- Orientation Programming for students
- English Conversation Program for the entire UCSB community
- California-wide Scholar conference hosted at UCSB Spring 2019
How can you help?

- When in doubt contact OISS
- Help international students stay enrolled full time
- Assure scholars are fulfilling their activity at UCSB
- Attend staff/faculty workshops offered by OISS
How can you help? (Cont.)

- Encourage student engagement in cultural programming and activities.
- Encourage inclusive environments/spaces.
- Encourage respectful dialogue on difficult topics.
- Be Open to other cultures and languages.
http://www.sa.ucsb.edu/redfolder/assisting-students-in-distress

Toner, M (May-June 2019) Mental Health: At Home and Abroad, International Educator